

Parkinson's Bay of Plenty October 2018 activities



Greetings from the Parkinson's Action Group Farewell Mary

As noted in the last activities flier, Mary is leaving us September 30. She had her first farewell at an afternoon tea after the Red Tulip Educational Seminar 11 September. It was lovely to see as many people as possible come to wish Mary well. She managed to accept the best wishes without shedding more than a couple of tears. She has a second opportunity to say goodbye as she is invited to the Whakatane seminar September 26th. Good luck in your new ventures, Mary.

Fundraising

As I said in last activities flier, under the new structure, all of us have a responsibility to raise funds that enable us to keep functioning. National Office are taking responsibility to complete the Grants and Funding applications, and this money is used to pay for the services provided by the Community Educators. As Mary pointed out during her farewell, the Lottery Board no longer pay for the bus trips that had been offered earlier on in her history of working for Parkinson's BoP. However, is it realistic to expect this at the risk of not having a Community Educator service? Therefore, if we want bus trips, we need to raise our own funds.

Awareness Week

As advertised in last month's flier, we are holding two innovative activities this year. Planning is well underway for the Garden Party as well as the Walk for Parkinson's. The National theme for Parkinson's Awareness Week is Walk in my Shoes, and I think that we have pre-empted that with what we have planned; acknowledging the skills of those who can create works of art, as well as the 5km walk.

Take care

Christine

Christine Mercer
PAG Chair

Bay of Plenty What's On Updates

Parkinson's Awareness Week

For the dates 1 to 7 November the BoP PAG and other people are busy planning events and displays. Please diary dates so that you can attend and support Parkinsons BoP and promote our services in the community.

Garden Party Saturday Nov 3rd 10.00am to 2.00pm at 740 Belk Rd, Tauranga

Entry \$5-00 per person, Children under 12 are free

Dig deep into your pockets....

Music Raffle Sausage Sizzle Pony Rides Sales

Table of Creativity Light Refreshments for sale

Auction at 12.15pm [of paintings, quilts & more]

Note there is ample space for children/grandchildren to play.



To make the event happen successfully we need volunteers for:

1. Helping on the day. For example, serving coffee and tea, selling raffle tickets and selling items from the sales table.
2. Making slices/biscuits to sell with the coffee and tea, and

3. Making items for the sales table. These items are to be created by people with Parkinson's, their family and friends.

For further information, to volunteer or to purchase tickets please contact Joelene:
Phone: (07) 573 5668. Email: joelene.m@xtra.co.nz

Walk for Parkinson's. 5 km walk Saturday Nov 10th 10.00am to 1.00pm

Commence Salisbury Wharf. 100 people walking 5km will reflect the number of people in BoP affected by Parkinson's.

Entry \$10-00 per person includes raffle ticket and order for T-Shirt. Tickets will be pre-sold - Tauranga District Council permit requirements.

- Enrol on the Givealittle page [URL to be confirmed] and get your friends to sponsor you. (5 people per walker donating \$10.00 per person will have a big impact on the services we can provide).
- Ticket holders are entitled to a \$2.00 ice-cream purchased from Mount Ocean Sports Club (Salisbury Wharf) until 1pm.

ALL funds raised will be used to sustain Parkinson's activities in the Bay of Plenty.

Volunteers are required to support walkers as well as walk with collection buckets.

For further information, to volunteer or to purchase tickets please contact Alan Birley on phone: 0274 928 578 or email: Alan at alanbirley@gmail.com

OCTOBER EVENTS

Katikati

Exercises 10.00am at Summerset by the Sea, Park Rd on Thursdays 4, 11, 18, 25 October.

Brain waves choir 2pm at Summerset by the Sea 9 and 23 October.

Tauranga

Exercises 10.30am, at the Tauranga Citizens Club 13th Ave on Fridays 5, 12, 19, 26 October.

Carers meeting 10.30am, at the Citz Club, during the exercise classes, on 5 October.

Red Tulip Information and Education meeting at 1.30pm, in the Greerton Senior Citizens Hall, Maitland St, Greerton on Tuesday 9 October 1.30pm with Marg Engelender talking about Decluttering.

Papamoa

Exercises 10.30am, Papamoa Rec Centre, Tara Rd on Monday 1, 8, 15, 22, 29 October.

Carers meeting 10.30am, at Pacifica Garden Centre, during the exercise class 15 October.

Whakatane

Exercises 10.00am, in the Knox Pres Church Hall, Domain Rd on 3, 10, 17, 24, 31 October.

Red Tulip Information and Education meeting at 11.30, on Wednesday 26 September, with "show and/or tell" meeting with friends over a light lunch included for a gold coin donation.

Brain Waves 9.45am, in the Greerton Senior Citizens Hall, Maitland St on 03, 10, 17, 24 October.

Contact details: *PAG/volunteers*

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| Christine Mercer | 07 542 0420 Tauranga | Joelene Morris | 07 573 5668 Tauranga |
| Rosalind Vercoe | 07 308 2204 Whakatane | Lynette Richardson | 07 308 0222 Whakatane |
| Margaret Burrell | 07 308 4230 Whakatane | Barbs Davies | 021 079 9178 Katikati |

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| Community Educators | Glennis Best | 021 840 808 Tauranga | 07 219 0818 Eastern BoP |
| | Liz Rapley-Jones | 021 844 566 North West | |